

! ALTHOUGH IT LOOKS SIMILAR, THIS QUICK RELEASE OPERATES DIFFERENTLY THAN TRADITIONAL SYSTEMS!

! WARNING
 This quick release system does not work with all bicycle forks and should only be used with the bicycle with which it was supplied.

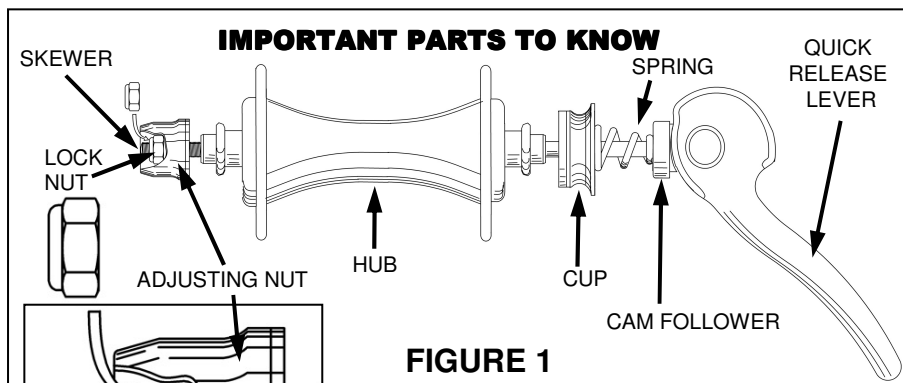


FIGURE 1

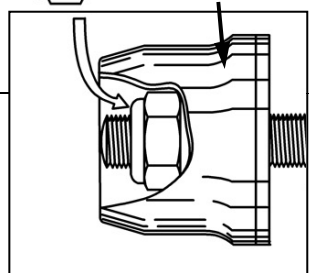


FIGURE 2

! WARNING
 If you have any trouble understanding or following these instructions, have your dealer or professional bicycle mechanic install the quick release.

! Improper installation or improper use of the quick release system can allow the wheel to wobble or detach from the bicycle causing a crash and serious injury or death. In addition to these instructions, make sure to read and understand the separate Owner's Manual before riding.

INITIAL SET UP

1. Install the Skewer through the wheel Hub as shown in Figure 1 after first removing the Adjusting Nut and Lock Nut.
2. Re-install the Adjusting Nut by turning it clockwise onto the skewer threads. The Adjusting Nut will be hard to turn, this is normal. Keep turning until enough of the Skewer end is showing to install the lock nut as shown.
3. Use an 8mm wrench to install the Lock Nut, turning until it is next to, but not tight against, the Adjusting Nut (see Figure 2).
4. Loosen the Adjusting Nut until it stops turning when it contacts the Lock Nut (Lock Nut will be inside the Adjusting Nut).
5. Install the wheel Hub on the bicycle fork. Adjust Quick Release to proper tightness - see Quick Release Adjustment on opposite side.

FOR WIDE THROW SYSTEMS

! WARNING
 This wheel Hub is equipped with a quick release to allow you to remove and install your wheel. Failure to properly install this system may cause your wheel to separate from your bicycle during riding causing serious injury. Before use, consult your Owner's Manual.

QUICK RELEASE ADJUSTMENT

1. Install the wheel Hub on the bicycle fork.
2. Open and close the quick release lever while gradually tightening the Adjusting Nut. Continue tightening the Adjusting Nut until you feel resistance on the Quick Release Lever at the "MID" point of its travel (see Figure 3).
3. Grip the fork with your fingers and use your palm to force the Quick Release Lever closed with as much strength as possible into a position parallel to the fork leg (see Figure 4).
4. The Quick Release Lever is securely closed when it leaves an imprint on the palm of your hand from moving the lever into the Closed position as shown in Figure 4.

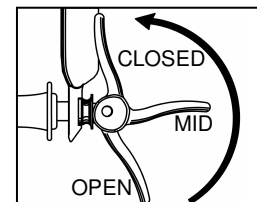


FIGURE 3

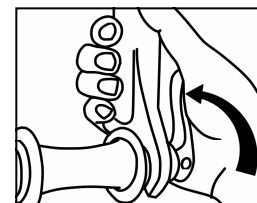


FIGURE 4

! Follow the "Inspection and Adjustment" information in the Owner's Manual, including allowing a professional bike mechanic to inspect and adjust the Quick Release Lever every 6 months.

HOW TO REMOVE AND INSTALL YOUR FRONT WHEEL

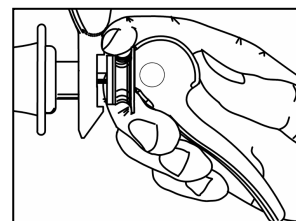


FIGURE 5

! WARNING
 Never fasten the wheel by simply rotating the Lever in a circular motion.

TO REMOVE WHEEL: Open the Quick Release Lever (Figure 3), then squeeze the Cup and Quick Release Lever together (Figure 5) while removing the wheel. No rotation of any part is necessary.

TO INSTALL WHEEL: Squeeze the Cup and Quick Release Lever together (Figure 5) as you lower the fork onto the wheel Hub allowing the Adjusting Nut and Cup to snap into the recess area on the fork. Close the Quick Release Lever as shown in Figure 4. If the Quick Release Lever does not leave an imprint on the palm of your hand, follow steps 1 through 4 of Quick Release Adjustment above. Re-attach the front brake. Check that the word "Close" is facing away from the bicycle.

CHECK BEFORE RIDING:

Before riding, always check that your wheel Hub is securely fastened to your bicycle and that the Quick Release Lever is correctly locked. If there is any question, do not ride the bike - consult your dealer or professional mechanic.